

Dr Nasima Sidda

Inspection report

Watersmeeting Health Center
Waters Meeting Road
Bolton
Lancashire
BL1 8TT
Tel: 01204 462 959

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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

Ratings

Overall rating for this location

Good 

Are services safe?

Good 

Are services effective?

Good 

Are services caring?

Good 

Are services responsive?

Good 

Are services well-led?

Good 

Overall summary

We carried out an announced comprehensive inspection at Dr Nasima Sidda on 11 March 2019 as part of our inspection programme.

We based our judgement of the quality of care at this service on a combination of:

- what we found when we inspected
- information from our ongoing monitoring of data about services and
- information from the provider, patients, the public and other organisations.

We have rated this practice as good overall and good for all population groups.

We found that:

- The practice provided care in a way that kept patients safe and protected them from avoidable harm.
- Patients received effective care and treatment that met their needs.
- Staff dealt with patients with kindness and respect and involved them in decisions about their care.
- The practice organised and delivered services to meet patients' needs. Patients could access care and treatment in a timely way.
- The way the practice was led and managed promoted the delivery of high-quality, person-centre care.

We saw areas of outstanding practice:

- The GP worked closely with the Bolton Community Mosque to educate patients in healthy living and the importance of national screening programmes, for example, cervical screening and bowel screening.
- The GP carried out group discussions with patients about how to manage diabetes and other long-term conditions.

Whilst we found no breaches of regulations, the provider **should:**

- Staff who have not completed a Disclosure and Barring Scheme check should not act as a chaperone.
- A record should be kept of low level incidents that take place to demonstrate the action taken to minimise the incident reoccurring.
- All GPs should be trained to level 3 safeguarding procedures.
- The system used to obtain patients' views of the service should be formalised so that information can be analysed for trends and patterns.

Details of our findings and the evidence supporting our ratings are set out in the evidence tables.

Dr Rosie Benneyworth BS BM BMedSci MRCGP

Chief Inspector of Primary Medical Services and Integrated Care

Population group ratings

Older people	Good 
People with long-term conditions	Good 
Families, children and young people	Good 
Working age people (including those recently retired and students)	Good 
People whose circumstances may make them vulnerable	Good 
People experiencing poor mental health (including people with dementia)	Good 

Our inspection team

Our inspection team was led by a CQC inspector and included a GP specialist advisor.

Background to Dr Nasima Sidda

Dr Nasima Sidda is located at Watersmeeting Health Center, Waters Meeting Road, Bolton, Manchester BL1 8TT

The provider is registered with CQC to deliver the regulated activities; treatment of disease, disorder or injury, diagnostic and screening procedures and maternity and midwifery services.

The practice is situated within the Bolton Clinical Commissioning Group (CCG) and provides services to 2,089 patients under the terms of a General Medical Services (GMS) contract. This is a contract between general practices and NHS England for delivering services to the local community.

The provider is a single handed female GP who registered with the CQC in October 2012. The practice employs one regular male locum GP, a practice nurse, two part time pharmacists and a health care assistant who is also the practice manager. There is a team of administration staff who are led by the practice manager.

There are a higher than average number of patients under 18 years and fewer patients over 65 years.

The National General Practice Profile states that 45.6% of the practice population are white; 2.4% are mixed race; 48% are Asian; 2.7% are black and 1.3% are other ethnic groups.

Information published by Public Health England, rates the level of deprivation within the practice population group as one, on a scale of one to ten. Level one represents the highest levels of deprivation and level ten the lowest.

Male life expectancy is 75 years compared to the national average of 79 years. Female life expectancy is 80 years compared to the national average of 83 years.