

# Random inspection report

## Care homes for adults (18-65 years)

Name:	Middleton Lodge
Address:	Mount Pleasant Station Road Middleton St George Darlington, County D DL2 1JA

The quality rating for this care home is:	one star adequate service
The rating was made on:	29/04/2009

A quality rating is our assessment of how well a care home, agency or scheme is meeting the needs of the people who use it. We give a quality rating following a full review of the service. We call this review a 'key' inspection.

This is a report of a **random inspection** of this care home. A random inspection is a short, focussed review of the service. Details of how to get other inspection reports for this care home, including the last key inspection report, can be found on the last page of this report.

<b>Lead inspector:</b>	<b>Date:</b>							
Jim Lamb	2	1	0	6	2	0	1	0

## Information about the care home

Name of care home:	Middleton Lodge
Address:	Mount Pleasant Station Road Middleton St George Darlington, County D DL2 1JA
Telephone number:	01325333993
Fax number:	
Email address:	middleton.lodge@googlemail.com
Provider web address:	

Name of registered provider(s):	Potential Limited
Name of registered manager (if applicable)	
Type of registration:	care home
Number of places registered:	10

Conditions of registration:		
Category(ies) :	Number of places (if applicable):	
	Under 65	Over 65
learning disability	10	0

Conditions of registration:									
The maximum number of service users who can be accommodated is: 10									
The registered person may provide the following category of service only: Care home only - Code PC To service users of the following gender: Either Whose primary care needs on admission to the home are within the following category: Learning disability - Code LD, maximum number of places: 10									
Date of last inspection	2	9	0	4	2	0	0	9	
Brief description of the care home									
Middleton Lodge is a single storey building that has been refurbished to provide a modern living environment for ten people with a learning disability. The home is set in it's own grounds and provides single room en-suite accommodation. Inside the building									

### Brief description of the care home

there are two dining rooms, two lounge areas, an activities room, kitchen and laundry. Outside there are garden areas and parking areas for visitors and staff. The home is in the village of Middleton St George and can be reached by both public and private transport. Local shops are nearby. Fees for this home were £780.00 per week. Individual agreements are in place for one to one support. We know that the fees do not cover all items and that personal items such as clothing, hairdressing etc has to paid for in addition to the fees.

## What we found:

We have reviewed our practice when making requirements, to improve national consistency. Some requirements from previous inspection reports may have been deleted or carried forward into this report as recommendations - but only when it is considered that people who use services are not being put at significant risk of harm. In future, if a requirement is repeated, it is likely that enforcement action will be taken.

The quality rating for this service remains unchanged 1 star. However, the service has met all the requirements and recommendations from the last inspection visit, therefore this service has the potential to easily improve the quality rating at the next key inspection visit.

How the random inspection was carried out.

Before the visit we looked at information we have received since the last visit, how the service dealt with any complaints and concerns since the last visit, any changes to how the home is run, the provider's view of how well they care for people, and the views of people who use the service and their relatives, staff and other professionals.

During the visit we talked with people who use the service, staff and the manager. Looked at information about the people who use the service and how well their needs are met, looked at other records which must be kept, checked that staff had the knowledge, skills and training to meet the needs of the people they care for, looked around the building/parts of the building to make sure it was clean, safe and comfortable, and checked what improvements had been made since the last visit.

We told the manager/provider what we found.

## What the care home does well:

The home provides a good range of information to people thinking of coming to the home, so they can make an informed decision.

The home makes a full assessment of a person's needs before deciding if it can meet all those needs.

The home draws up detailed pictorial person centred plans to meet the care needs of its service users. Plans clearly describe how staff will meet each person's needs. Detailed risk assessments are linked to individual care plans.

Service user's health care needs are also fully assessed and properly met.

The home stores medicines safely, and administers them correctly and safely. The home has recently sought advice from the PCT regarding medication procedures, and addressed the recommendations made by them.

Service users say that staff treat them well and treat them with respect.

The staff are working hard to provide a stimulating atmosphere in the home, with appropriate social activities within the community for service users.

Service users are encouraged to keep in regular contact with family and friends. All service users have access to an advocate who can act on their behalf.

Service users are also encouraged to take as much control over their own lives as they are able, and make their own decisions.

One service user was very complimentary about the care that he receives, he spoke highly of the staff and was very happy with the accommodation.

Service users receive a very balanced diet, with service users choice included. All are involved with the weekly food shopping. The manager is in the process of introducing nutritional assessments.

The home is well maintained, kept clean and hygienic and free from odours.

The manager said that the home has enough staff to meet the needs of service users.

The new manager is experienced and is providing positive leadership to the home.

The home is being run in the best interests of the service users.

Service users finances are protected by the home's policies and accounting systems.

The health and safety of the service users and of the staff are protected by the home's policies and systems.

### **What they could do better:**

The home should consider providing a facility for the storage of controlled drugs. The manager said that she will arrange to have one fitted to the inside of the main storage cabinet.

If you want to know what action the person responsible for this care home is taking following this report, you can contact them using the details set out on page 2.

Are there any outstanding requirements from the last inspection?

Yes

No

## Outstanding statutory requirements

These are requirements that were set at the previous inspection, but have still not been met. They say what the registered person had to do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards.

No.	Standard	Regulation	Requirement	Timescale for action

## Requirements and recommendations from this inspection:

### Immediate requirements:

These are immediate requirements that were set on the day we visited this care home. The registered person had to meet these within 48 hours.

No.	Standard	Regulation	Requirement	Timescale for action

### Statutory requirements

These requirements set out what the registered person must do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards. The registered person(s) must do this within the timescales we have set.

No.	Standard	Regulation	Requirement	Timescale for action

### Recommendations

These recommendations are taken from the best practice described in the National Minimum Standards and the registered person(s) should consider them as a way of improving their service.

No	Refer to Standard	Good Practice Recommendations
1	20	The home should consider providing a facility for the storage of controlled drugs.

## Reader Information

Document Purpose:	Inspection Report
Author:	Care Quality Commission
Audience:	General Public
Further copies from:	0870 240 7535 (telephone order line)

Our duty to regulate social care services is set out in the Care Standards Act 2000. Copies of the National Minimum Standards –Care Homes for Adults (18-65 years) can be found at [www.dh.gov.uk](http://www.dh.gov.uk) or got from The Stationery Office (TSO) PO Box 29, St Crispins, Duke Street, Norwich, NR3 1GN. Tel: 0870 600 5522. Online ordering from the Stationery Office is also available: [www.tso.co.uk/bookshop](http://www.tso.co.uk/bookshop)

## Helpline:

**Telephone:** 03000 616161

**Email:** [enquiries@cqc.org.uk](mailto:enquiries@cqc.org.uk)

**Web:** [www.cqc.org.uk](http://www.cqc.org.uk)

We want people to be able to access this information. If you would like a summary in a different format or language please contact our helpline or go to our website.

© Care Quality Commission 2010

This publication may be reproduced in whole or in part in any format or medium for non-commercial purposes, provided that it is reproduced accurately and not used in a derogatory manner or in a misleading context. The source should be acknowledged, by showing the publication title and © Care Quality Commission 2010.