

Random inspection report

Care homes for adults (18-65 years)

Name:	Moorpine
Address:	18 Thornholme Road Sunderland SR2 7QG

The quality rating for this care home is:	three star excellent service
The rating was made on:	

A quality rating is our assessment of how well a care home, agency or scheme is meeting the needs of the people who use it. We give a quality rating following a full review of the service. We call this review a 'key' inspection.

This is a report of a **random inspection** of this care home. A random inspection is a short, focussed review of the service. Details of how to get other inspection reports for this care home, including the last key inspection report, can be found on the last page of this report.

Lead inspector:	Date:							
Elsie Allnutt	2	4	0	6	2	0	1	0

Information about the care home

Name of care home:	Moorpine
Address:	18 Thornholme Road Sunderland SR2 7QG
Telephone number:	01915102038
Fax number:	01915672902
Email address:	rachael.hudson@tawas.org.uk
Provider web address:	

Name of registered provider(s):	North East Autism Society
Name of registered manager (if applicable)	
Mr Michael John Ross	
Type of registration:	care home
Number of places registered:	3

Conditions of registration:		
Category(ies) :	Number of places (if applicable):	
	Under 65	Over 65
learning disability	3	0

Conditions of registration:								
Date of last inspection								
Brief description of the care home								
<p>Moorpine is a care home for 3 younger adults with Autism Spectrum Disorder. It is owned and managed by the Tyne & Wear Autistic Society (TWAS), Moorpine is a family-sized house in a quiet area near the City centre of Sunderland. It is indistinguishable from similar surrounding family houses; including the neighbouring two houses which are also small care homes operated by TWAS and managed by the same registered Manager. The house has an open hallway, off which there are a comfortable main lounge, kitchen/dining room and one bedroom. On the first floor there are two generously-sized bedrooms, a bathroom and the small staff sleep-in room. The quality of furnishings and decoration are of a very good standard throughout the house. The home is a domestic dwelling, previously used as a family house. It is not intended for people with physical or mobility needs. There is a small</p>								

Brief description of the care home

step to the front door, although TWAS would provide a temporary ramp to allow access to the ground floor for visitors with mobility needs. The house has a short driveway for the home vehicle. There is a small front garden and an enclosed, private back garden.

What we found:

This random inspection was carried out to confirm that the excellent quality of service found at the last key inspection 16/01/09 continues and that the new manager appointed in March of that year continues to run a service that is safe and that is in the service users best interests.

Outcome:

The requirement made at the last inspection regarding the further development of risk strategy plans has been addressed.

The current manager who is registered with CQC, has managed the home and two other houses within the organisation, since March 2009. All three houses are next door to each other with no more than four service users living in each. The manager feels that it is therefore manageable to monitor and supervise the services delivered within each of the homes effectively.

The manager has worked in care since 2002 and has worked for the organisation through this time working his way from support worker to manager. He has strong values and principles and believes in supporting and directing staff to follow the policies and procedures in place, so that service users are supported in a consistent and safe way.

The manager stated that he has developed a good working relationship with the staff team and respects them all as equals, giving each one identified responsibilities to research and to carry out. The staff team respects the manager and values his open approach and his commitment to developing the service.

Due to the complex needs of the service users living at Moorpine the staff team needs to be strong and focused in their work. A varied training programme is in place which equips staff with the knowledge and skills needed to understand and deal with the diverse aspects of the service users' needs. This includes how to address challenging behaviour, how to use CALM techniques and the different aspects of Autism, in addition to mandatory training that is regularly updated and recorded.

New staff members receive a detailed induction programme and during this time an effort is made to make them feel comfortable and welcome to the team. During the first two days training in fire safety and whistle blowing are covered. The manager believes in leading by example and works alongside new staff demonstrating how tasks are to be carried out. So that new staff feel fully supported they are appointed a mentor who works alongside them during the induction period.

The manager is qualified in the RMA (Registered Manager's Award) and NVQ 4 in Health and Social Care and in addition to this he has achieved a university accredited qualification in Autistic Spectrum Disorder. He also has a good understanding of his role and responsibilities in providing a quality and safe service and has excellent knowledge of the Care Homes Regulations and standards.

Detailed risk assessments serve an important part of service users' care plans and are

put in place as soon as a risk is identified and assessed. Such plans guide staff to support service users to live a lifestyle that promotes independence in a safe way.

The staff team work closely with the Crisis Team at Monkwearmouth Hospital and with their support and guidance, independent support plans for the individual service users are developed.

All staff have received training regarding the local authority's safeguarding procedures and have a good understanding of the Mental Capacity and the Deprivation of Liberty Act and how this might impact on the lives of the people that they support. Assessments and strategies are in place to support this.

The service users continue to live an active lifestyle using community facilities. This includes attending college, swimming, rock climbing, walking and cooking. They have all been on holiday this year to the destination of their choice.

Health and safety records are appropriately kept and note is taken of any recommendations made by the fire and environmental services, both services have visited the home in recent months with positive outcomes.

What the care home does well:

The home is furnished with good quality furniture and decorated to a high standard, repairs are addressed directly which means that service users live in a comfortable, attractive and safe environment.

Service users are supported by staff who work as a team and attend training when necessary. This means that service users benefit from a consistent approach from a committed staff team.

The manager has an open approach and encourages staff to take responsibility for developing different areas of the service. An individual member of staff member has worked with healthcare professionals and attended training to determine effective ways of communicating with service users within the home and another is working in the same way to develop sensory stimulation.

Service users interests and needs are addressed appropriately. Outdoor and physically active activities are popular and trips to outward bound centres have provided service users with the opportunity of new experiences such as horse riding, bike rides, pilates and line dancing.

What they could do better:

There were no requirements or recommendations made as a result of this inspection.

If you want to know what action the person responsible for this care home is taking following this report, you can contact them using the details set out on page 2.

Are there any outstanding requirements from the last inspection?

Yes

No

Outstanding statutory requirements

These are requirements that were set at the previous inspection, but have still not been met. They say what the registered person had to do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards.

No.	Standard	Regulation	Requirement	Timescale for action

Requirements and recommendations from this inspection:

Immediate requirements:

These are immediate requirements that were set on the day we visited this care home. The registered person had to meet these within 48 hours.

No.	Standard	Regulation	Requirement	Timescale for action

Statutory requirements

These requirements set out what the registered person must do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards. The registered person(s) must do this within the timescales we have set.

No.	Standard	Regulation	Requirement	Timescale for action

Recommendations

These recommendations are taken from the best practice described in the National Minimum Standards and the registered person(s) should consider them as a way of improving their service.

No	Refer to Standard	Good Practice Recommendations

Reader Information

Document Purpose:	Inspection Report
Author:	Care Quality Commission
Audience:	General Public
Further copies from:	0870 240 7535 (telephone order line)

Our duty to regulate social care services is set out in the Care Standards Act 2000. Copies of the National Minimum Standards –Care Homes for Adults (18-65 years) can be found at www.dh.gov.uk or got from The Stationery Office (TSO) PO Box 29, St Crispins, Duke Street, Norwich, NR3 1GN. Tel: 0870 600 5522. Online ordering from the Stationery Office is also available: www.tso.co.uk/bookshop

Helpline:

Telephone: 03000 616161

Email: enquiries@cqc.org.uk

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