



Making Social Care Better for People

Inspecting for better lives

Random inspection report

Care homes for adults (18-65 years)

| | |
|----------|--|
| Name: | The Cedars (7) |
| Address: | The Cedars (7) Ashbrooke Sunderland SR2 7TW |

| | |
|---|-----------------------|
| The quality rating for this care home is: | two star good service |
| The rating was made on: | |

A quality rating is our assessment of how well a care home, agency or scheme is meeting the needs of the people who use it. We give a quality rating following a full assessment of the service. We call this a 'key' inspection.

This is a report of a **random inspection** of this care home. A random inspection is a short, focussed inspection. Details of how to get other inspection reports for this care home, including the last key inspection report, can be found on the last page of this report.

| | | | | | | | | |
|------------------------|--------------|---|---|---|---|---|---|---|
| Lead inspector: | Date: | | | | | | | |
| Hilary Stewart | 2 | 3 | 0 | 3 | 2 | 0 | 0 | 9 |

Information about the care home

| | |
|-----------------------|--|
| Name of care home: | The Cedars (7) |
| Address: | The Cedars (7) Ashbrooke Sunderland SR2 7TW |
| Telephone number: | 01915140900 |
| Fax number: | 01915655706 |
| Email address: | |
| Provider web address: | |

| | |
|---------------------------------|---|
| Name of registered provider(s): | Education and Services for People with Autism Limited |
| Type of registration: | care home |
| Number of places registered: | 7 |

| | | |
|-----------------------------|-----------------------------------|---------|
| Conditions of registration: | | |
| Category(ies) : | Number of places (if applicable): | |
| | Under 65 | Over 65 |
| learning disability | 7 | 0 |
| sensory impairment | 1 | 0 |

| | | | | | | | | |
|--|--|--|--|--|--|--|--|--|
| Conditions of registration: | | | | | | | | |
| Date of last inspection | | | | | | | | |
| Brief description of the care home | | | | | | | | |
| <p>Number 7 The Cedars is a care home owned by European Services for People with Autism (ESPA), which is a registered charitable organisation. It provides accommodation with personal care and support for up to seven younger adults of mixed gender who have autism specific disorders, including one person who also has a sensory impairment. Nursing care cannot be provided. The property, a large Victorian villa with tastefully decorated and furnished spaced communal areas and bedrooms, is situated in the Ashbrooke area of Sunderland. It is walking distance of local shops, a park, churches and pubs and also near to a bus stop, from which a service regularly travel to the city centre. The home has the use of a private vehicle and there is a car park at the front of the building. People living at the home can easily access an enclosed garden at the rear. Contained within the grounds is a coach house which</p> | | | | | | | | |

Brief description of the care home

provides a specialist service for one person which is intensively staffed. This accommodation is included in the registration of 7 The Cedars and is also inspected by the Commission for Social Care Inspection. The home charges from 964.95p to 1500.08p per week.

What we found:

The reason for this random inspection visit was to see if the home was still providing a good service to the people who live there. As well as checking that action had been taken by the providers to meet the requirements made at the previous key inspection. At the time of the visit the deputy manager was on duty.

Requirements made at the last key inspection were:

1. To replace the hall and lounge carpet.

We found that:

1. The carpets had been replaced.

We also found that there has been a change of manager at the home. They are not yet registered with the Commission. In some areas of the home the paintwork was chipped and the walls were marked. The deputy manager said that there are plans in place for the home to be redecorated in the near future.

What the care home does well:

The deputy manager said that the home continues to provide good outcomes for the people who live there. From observation and what staff said during the visit, each person is treated as an individual and they are well cared for. People seemed relaxed and there was a pleasant atmosphere. Since we carried out our last inspection we have not received any information that gives cause for concern and would make us consider that the current quality rating is not accurate.

What they could do better:

If the home was re painted this would make it a more pleasant place for people to live.

If you want to know what action the person responsible for this care home is taking following this report, you can contact them using the details set out on page 2.

Are there any outstanding requirements from the last inspection?

Yes

No

Outstanding statutory requirements

These are requirements that were set at the previous inspection, but have still not been met. They say what the registered person had to do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards.

| No. | Standard | Regulation | Requirement | Timescale for action |
|-----|----------|------------|-------------|----------------------|
| | | | | |

Requirements and recommendations from this inspection:

Immediate requirements:

These are immediate requirements that were set on the day we visited this care home. The registered person had to meet these within 48 hours.

| No. | Standard | Regulation | Requirement | Timescale for action |
|-----|----------|------------|-------------|----------------------|
| | | | | |

Statutory requirements

These requirements set out what the registered person must do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards. The registered person(s) must do this within the timescales we have set.

| No. | Standard | Regulation | Requirement | Timescale for action |
|-----|----------|------------|-------------|----------------------|
| | | | | |

Recommendations

These recommendations are taken from the best practice described in the National Minimum Standards and the registered person(s) should consider them as a way of improving their service.

| No | Refer to Standard | Good Practice Recommendations |
|----|-------------------|-------------------------------|
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Reader Information

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| Document Purpose: | Inspection Report |
| Author: | CSCI |
| Audience: | General Public |
| Further copies from: | 0870 240 7535 (telephone order line) |

Our duty to regulate social care services is set out in the Care Standards Act 2000. Copies of the National Minimum Standards –Care Homes for Adults (18-65 years) can be found at www.dh.gov.uk or got from The Stationery Office (TSO) PO Box 29, St Crispins, Duke Street, Norwich, NR3 1GN. Tel: 0870 600 5522. Online ordering from the Stationery Office is also available: www.tso.co.uk/bookshop

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