

Random inspection report

Care homes for adults (18-65 years)

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| Name: | Lorne Terrace (14) |
| Address: | Lorne Terrace (14) Ashbrooke Sunderland SR2 7BU |

| | |
|---|------------------------------|
| The quality rating for this care home is: | three star excellent service |
| The rating was made on: | |

A quality rating is our assessment of how well a care home, agency or scheme is meeting the needs of the people who use it. We give a quality rating following a full review of the service. We call this review a 'key' inspection.

This is a report of a **random inspection** of this care home. A random inspection is a short, focussed review of the service. Details of how to get other inspection reports for this care home, including the last key inspection report, can be found on the last page of this report.

| | | | | | | | | | |
|------------------------|--------------|---|---|---|---|---|---|---|--|
| Lead inspector: | Date: | | | | | | | | |
| Karena Reed | 1 | 0 | 0 | 5 | 2 | 0 | 1 | 0 | |

Information about the care home

| | |
|-----------------------|--|
| Name of care home: | Lorne Terrace (14) |
| Address: | Lorne Terrace (14) Ashbrooke Sunderland SR2 7BU |
| Telephone number: | 01915640951 |
| Fax number: | 01915637711 |
| Email address: | amanda.morris@espa.org.uk |
| Provider web address: | |

| | | | |
|--|---|--|--|
| Name of registered provider(s): | Education and Services for People with Autism Limited | | |
| Name of registered manager (if applicable) | | | |
| Miss Rachel Lowe | | | |
| Type of registration: | care home | | |
| Number of places registered: | 4 | | |

| Conditions of registration: | | |
|-----------------------------|-----------------------------------|---------|
| Category(ies) : | Number of places (if applicable): | |
| | Under 65 | Over 65 |
| learning disability | 4 | 0 |

| | | | | | | | | | |
|--|---|---|---|---|---|---|---|---|--|
| Conditions of registration: | | | | | | | | | |
| Date of last inspection | 0 | 5 | 0 | 2 | 2 | 0 | 0 | 9 | |
| Brief description of the care home | | | | | | | | | |
| <p>Lorne Terrace is an end house that has been adapted to provide a care service. The home provides personal care for 4 adults who may fall within the Autism Spectrum or have Asperger's.</p> <p>The house has four large bedrooms, one office/sleep-in room, 2 lounges, a dining room, kitchen, bathroom/shower and two toilets. These are divided throughout the home. However a toilet is not available on the ground floor and a few steps lead up to the entrance of the home. Therefore the home is not suitable for people who use a wheelchair.</p> | | | | | | | | | |

Brief description of the care home

Lorne Terrace is in the Ashbrooke area of Sunderland and is within walking distance from the city centre. Corner shops can be found in the area, as well as pubs and an art centre. Backhouse Park is within walking distance plus there are ample bus routes, which travel to the city centre and other cities such as Durham.

Information relating to the weekly fee payable by service users is not available.

What we found:

An unannounced visit to the home took place on 10th May at 15:00

At the time of the visit two members of staff and one person who lived at the home were in. The householder who was in had just finished painting the garden bench. He could tell me about changes that had been happening at the house since the last inspection and plans for the future. There were plans to extend the kitchen, make raised garden beds at the back of the house, the outside of the house was to be decorated and the roof was to be repaired. A new washing machine had been bought, a new freeview box and the hoover had been replaced. There was evidence people were encouraged to be involved in making decisions e.g about what to eat, where to go out.

Comments from people living at the home include:

"The home is good at organizing the day but could be better at sorting out problems."

"I like living here."

"Staff are very caring and friendly and the home provides nice meals."

"I have a nice bedroom."

"I like the meals."

"The staff are very friendly, helpful and considerate."

"I would like to stay at this home for a long time and maybe forever."

Staff comments include:

"We are good at looking after the individual needs of service users."

"We always strive for improvement in the service."

"Staff encourage people at the home to live as independent life as normal, value each individual's choices and decisions and give them values to look up to."

"Our manager is very capable of resolving any difficult areas that may give any cause for concern."

"Consistent approach with timetables and programmes."

"Realistic goals devised by service user and key worker."

"Everything at the home is done for the benefit of the person living here."

"Staff always listen to service users, and treats them with dignity and respect."

What the care home does well:

People can take as long as they need to decide if they want to live in the house.

People are asked about what they need. A lot of information is collected before people move in to make sure their needs can be met.

The home supports people to have interesting lives and people living at the home are being introduced to new activities and experiences to help them lead more fulfilled lives.

People living at the home are supported to learn or renew self help skills to help them become more independent in aspects of every day living. The house is clean and comfortable and well maintained.

Staff help people keep in touch with their families.

There is a good level of staff training.

What they could do better:

No requirements or recommendations were made as a result of this inspection.

If you want to know what action the person responsible for this care home is taking following this report, you can contact them using the details set out on page 2.

Are there any outstanding requirements from the last inspection?

Yes

No

Outstanding statutory requirements

These are requirements that were set at the previous inspection, but have still not been met. They say what the registered person had to do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards.

| No. | Standard | Regulation | Requirement | Timescale for action |
|-----|----------|------------|-------------|----------------------|
| | | | | |

Requirements and recommendations from this inspection:

Immediate requirements:

These are immediate requirements that were set on the day we visited this care home. The registered person had to meet these within 48 hours.

| No. | Standard | Regulation | Requirement | Timescale for action |
|-----|----------|------------|-------------|----------------------|
| | | | | |

Statutory requirements

These requirements set out what the registered person must do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards. The registered person(s) must do this within the timescales we have set.

| No. | Standard | Regulation | Requirement | Timescale for action |
|-----|----------|------------|-------------|----------------------|
| | | | | |

Recommendations

These recommendations are taken from the best practice described in the National Minimum Standards and the registered person(s) should consider them as a way of improving their service.

| No | Refer to Standard | Good Practice Recommendations |
|----|-------------------|-------------------------------|
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Reader Information

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| Document Purpose: | Inspection Report |
| Author: | Care Quality Commission |
| Audience: | General Public |
| Further copies from: | 0870 240 7535 (telephone order line) |

Our duty to regulate social care services is set out in the Care Standards Act 2000. Copies of the National Minimum Standards –Care Homes for Adults (18-65 years) can be found at www.dh.gov.uk or got from The Stationery Office (TSO) PO Box 29, St Crispins, Duke Street, Norwich, NR3 1GN. Tel: 0870 600 5522. Online ordering from the Stationery Office is also available: www.tso.co.uk/bookshop

Helpline:

Telephone: 03000 616161

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