

Random inspection report

Care homes for older people

Name:	St David`s Nursing Home For Disabled Ex-servicemen and Women
Address:	Castlebar Hill Ealing London W5 1TE

The quality rating for this care home is:	one star adequate service
The rating was made on:	03/03/2009

A quality rating is our assessment of how well a care home, agency or scheme is meeting the needs of the people who use it. We give a quality rating following a full review of the service. We call this review a 'key' inspection.

This is a report of a **random inspection** of this care home. A random inspection is a short, focussed review of the service. Details of how to get other inspection reports for this care home, including the last key inspection report, can be found on the last page of this report.

Lead inspector:	Date:							
Jane Shaw	2	5	0	8	2	0	0	9

Information about the care home

Name of care home:	St David`s Nursing Home For Disabled Ex-servicemen and Women
Address:	Castlebar Hill Ealing London W5 1TE
Telephone number:	02089975121
Fax number:	02089972447
Email address:	stdavids.office@virgin.net
Provider web address:	

Name of registered provider(s):	St David`s Nursing Home for the Disabled Ex-Servicemen and Women
Name of registered manager (if applicable)	
Ms Jane Mcauley	
Type of registration:	care home
Number of places registered:	68

Conditions of registration:		
Category(ies) :	Number of places (if applicable):	
	Under 65	Over 65
old age, not falling within any other category	0	68
physical disability	68	0

Conditions of registration:
The maximum number of service users who can be accommodated is: 68
The Registered Person may provide the following categories of service only: Care home with Nursing - Code N to service users of the following gender: Either whose primary care needs on admission to the home are within the following categories: Old Age, not falling within any other category - Code OP Physical Disability - Code PD
The seven beds in the John Poland Rehabilitation Unit are to be used for service users requiring intermediate care, and not for permanenet placement.

Date of last inspection	0	3	0	3	2	0	0	9
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Brief description of the care home

St David's Nursing Home is situated in spacious grounds in a residential area of Ealing. The home is accessible by bus and the nearest underground and mainline station is Ealing Broadway. The home has a central courtyard that provides a pleasant area in which people living at the home and their visitors can sit. There is a patio area outside the activities room and also a pathway around the garden with a summerhouse, affording attractive areas for people to sit out in. The home provides nursing care for ex-service personnel and there are currently 2 units for this, plus there is an intermediate care unit consisting of 7 flats, used for rehabilitation. All the bedrooms are single. There are spacious communal sitting and dining rooms. The fees range from £741 to £1,200 per week.

What we found:

This medicine's inspection was to check compliance with a Statutory Enforcement Notice issued on 21/7/09. The notice required the home to 'make arrangements for the recording, handling, safekeeping, safe administration and disposal of medicines received into the home' by 3/08/09.

We looked at the recording of receipts, administration and disposal of all medicines in Lord Mark Unit and antibiotics and warfarin in the two other general nursing units. We noticed one gap for calcium for a resident on 21/8 but the tablet was not in the monitored dosage system (MDS) so we presumed it had been given. We counted several tablets and were able to reconcile balances with the stock in the home and the manager's own audits. Nurses were recording variable doses accurately and when medication was left in the MDS we knew why because the appropriate endorsement had been used.

We checked the recording of warfarin throughout the home and found it to be well recorded and no errors in administration. Similarly with antibiotics.

We noticed that the fridge needed defrosting in Lord Mark Unit and the recording of minimum and maximum temperatures reinstated. We checked controlled drugs and balances were correct. We moved money and other items out of the Controlled Drug cupboard and another stock cupboard so that the Medicines Act was complied with. The other outstanding requirements listed below were not viewed at this inspection. Overall we were satisfied that medication was handled safely and the Statutory Enforcement Notice complied with.

What the care home does well:

The home particularly in Lord Mark Unit had made great progress in raising the standard of medication management. Regular audits and stock counts had ensured that medication was given as prescribed and recorded accurately. We were satisfied that residents living in the home had their health and welfare well maintained.

There was particularly good monitoring of pain relief for one resident so staff knew where the pain was.

The manager was carrying out competency assessments of nurses and all were undertaking a distance learning module in safe medication handling, to update their skills.

There was good handling and reporting of a recent incident when a medication was not administered in line with the homes procedures.

What they could do better:

The home needs to maintain the improvements they have made. Regular auditing needs to continue to prevent errors occurring again. Auditing also needs to focus on medication supplied in original containers and as required medicines and it would be good practice to keep balances of these .

If you want to know what action the person responsible for this care home is taking following this report, you can contact them using the details set out on page 2.

Are there any outstanding requirements from the last inspection?

Yes



No



Outstanding statutory requirements

These are requirements that were set at the previous inspection, but have still not been met. They say what the registered person had to do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards.

No.	Standard	Regulation	Requirement	Timescale for action
1	3	14	<p>All residents must have a full pre-admission assessment undertaken prior to moving into the home.</p> <p>To ensure that the home is able to meet the residents assessed needs.</p>	27/03/2009
2	7	17	<p>The care planning system in place must be reviewed to ensure a care plan has been completed for each identified need. Care plans must be reviewed regularly and following any changes to a residents condition.</p> <p>In order that each persons needs are clearly identified and being met.</p>	27/03/2009
3	8	13	<p>Prior to bedrails being used, a full assessment of suitability must be carried out and written consent for their use must be obtained.</p> <p>To ensure the safety of the resident.</p>	27/03/2009
4	8	17	<p>All assessments to include moving and handling, nutrition, pressure sore, risk of falls and continence must be complete and up to date.</p>	27/03/2009

Outstanding statutory requirements

These are requirements that were set at the previous inspection, but have still not been met. They say what the registered person had to do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards.

No.	Standard	Regulation	Requirement	Timescale for action
			To accurately reflect each residents current condition.	
5	11	12	<p>The wishes of residents and their representatives must be clearly recorded in respect of their care during their final days. This information must be updated should their wishes change.</p> <p>This is in order to ensure their wishes are respected and adhered to.</p>	03/04/2009
6	33	24	<p>Systems for quality assurance must be further developed to ensure that shortfalls are promptly identified and addressed. This must include having a robust system for auditing all aspects of the home.</p> <p>To protect the residents living at the home.</p>	31/03/2009
7	37	17	<p>All records required under Schedule 17 of the Care Homes Regulations 2001 must contain clear, up to date and accurate information and there must be in place effective systems for review and updating so that the information is always current.</p> <p>This is to ensure that residents, staff and visitors are safeguarded.</p>	31/03/2009

Requirements and recommendations from this inspection:

Immediate requirements:

These are immediate requirements that were set on the day we visited this care home. The registered person had to meet these within 48 hours.

No.	Standard	Regulation	Requirement	Timescale for action

Statutory requirements

These requirements set out what the registered person must do to meet the Care Standards Act 2000, Regulations 2001 and the National Minimum Standards. The registered person(s) must do this within the timescales we have set.

No.	Standard	Regulation	Requirement	Timescale for action
1	9	13	<p>That the homes continues to robustly audit medication including as required medication and medicines supplied in their original container.</p> <p>This is to maintain the improvements made in complying with the Statutory Enforcement Notice</p>	01/09/2009

Recommendations

These recommendations are taken from the best practice described in the National Minimum Standards and the registered person(s) should consider them as a way of improving their service.

No	Refer to Standard	Good Practice Recommendations

Reader Information

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Further copies from:	0870 240 7535 (telephone order line)

Our duty to regulate social care services is set out in the Care Standards Act 2000. Copies of the National Minimum Standards –Care Homes for Older People can be found at www.dh.gov.uk or got from The Stationery Office (TSO) PO Box 29, St Crispins, Duke Street, Norwich, NR3 1GN. Tel: 0870 600 5522. Online ordering from the Stationery Office is also available: www.tso.co.uk/bookshop

Helpline:

Telephone: 03000 616161

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