

Whatever care home you choose, or if you decide to organise care at home, your experience should be a positive one. CQC produces reports to help you make the best choice for you.



You can look for inspection reports about your local care homes and care at home providers by visiting our website - www.cqc.org.uk - and using our interactive map*.

We have recently surveyed people who have chosen a care home in England, either for themselves or a loved one, in the last three years. We found that:



70%

of people found choosing care to be one of life's most stressful life decisions compared to other life events, such as choosing their child's school or getting married



60%

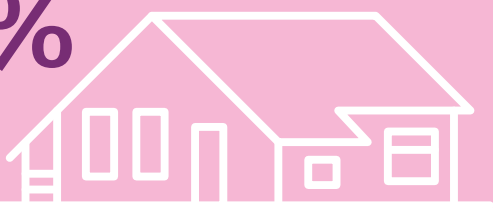
44%

More people in the north east (60%) found choosing a care home the most stressful decision than other areas of the country. The fewest people found this to be the case in the East of England (44%)

WHEN CHOOSING A CARE HOME PEOPLE TOLD US THE MOST INFLUENTIAL FACTORS WERE:

Visiting the care home

72%



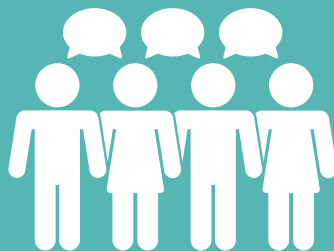
Its CQC rating and/or latest inspection report

44%



Views from family and friends

25%



Word of mouth

26%



76%

of people said the CQC inspection report/rating helped them feel confident in the decision they were making



1 IN TEN

people changed their choice of care home after checking the CQC inspection report/rating.

PEOPLE TOLD US THE MOST IMPORTANT FACTORS WHEN CHOOSING A CARE HOME WERE:



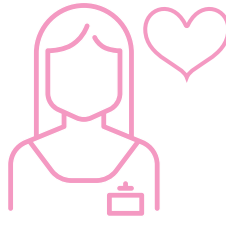
The ability to meet the needs of the person needing the care home

24%



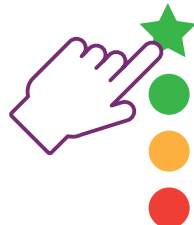
The feel of the home when visiting /speaking to them

17%



The staff are caring

14%



A good reputation

11%

7%

Only 7% said geographical proximity to family and friends was the most important factor and only 4% said the cost was most important

