

## Your right to choose: Making the most of maternity reports



**Did you know that you can choose to have your baby in hospital, in a birthing centre or at home**

Wherever you choose to give birth, your experience should be a positive one. CQC publishes reports to help you make the best choice for you.

You can read inspection reports about your local maternity units on our website: [www.cqc.org.uk](http://www.cqc.org.uk)

## WE HAVE CARRIED OUT RESEARCH WITH NEW MOTHERS



**90%**

of women agreed it was important to choose the type of birth they wanted and make a birth plan



**57%**

of women spent less than an hour choosing which hospital to give birth in



**67%**

of women spent 5 hours or less to decide what type of birth to have and make their birthing plan

**They told us the most important factors when choosing where to give birth are:**

Cleanliness and safety  
**55%**



A good reputation  
**39%**



Caring staff  
**36%**

## CQC REPORTS CAN HELP

During pregnancy, you should feel fully supported to make informed decisions. Our inspections cover all types of maternity units and ask:

- Is this service safe? ✓
- Is this service effective? ✓
- Is this service caring? ✓
- Is this service responsive to people's needs? ✓
- Is this service well-led? ✓

## HAVE YOUR SAY!

If you have any concerns or worries about the care you receive during your pregnancy, tell the service and also tell us – the information and feedback you provide will help us to monitor services and plan our inspections. You can let us know on our website [www.cqc.org.uk/sye](http://www.cqc.org.uk/sye), by calling 03000 616161 or by emailing [enquiries@cqc.org.uk](mailto:enquiries@cqc.org.uk).



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**95%**

of women who had used our reports found them helpful