Your right to choose: Making the most of maternity reports

Did you know that you can choose to have your baby in hospital, in a birthing centre or at home.

Wherever you choose to give birth, your experience should be a positive one. CQC publishes reports to help you make the best choice for you. You can read inspection reports about your local maternity units on our website: www.cqc.org.uk

WE HAVE CARRIED OUT RESEARCH WITH NEW MOTHERS

90% of women agreed it was important to choose the type of birth they wanted and make a birth plan.

They told us the most important factors when choosing where to give birth are:

- Cleanliness and safety: 55%
- A good reputation: 39%
- Caring staff: 36%

57% of women spent less than an hour choosing which hospital to give birth in

67% of women spent 5 hours or less to decide what type of birth to have and make their birthing plan.

CQC REPORTS CAN HELP

During pregnancy, you should feel fully supported to make informed decisions. Our inspections cover all types of maternity units and ask:

- Is this service safe?
- Is this service effective?
- Is this service caring?
- Is this service responsive to people’s needs?
- Is this service well-led?

HAVE YOUR SAY!

If you have any concerns or worries about the care you receive during your pregnancy, tell the service and also tell us – the information and feedback you provide will help us to monitor services and plan our inspections. You can let us know on our website www.cqc.org.uk/sye, by calling 03000 616161 or by emailing enquiries@cqc.org.uk.

#YourBirthPlan

Research carried out by Opinion Matters between: 27/07/2017 and 07/08/2017.

Sample - 1003 Women aged 18-45 who have had a baby in hospital in England in the last 3 years.

95% of women who had used our reports found them helpful.