

***We are the regulator:** Our job is to check whether hospitals, care homes and care services are meeting essential standards.*

Hessle Grange Medical Practice

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Date of Inspection: 23 June 2014

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We inspected the following standards to check that action had been taken to meet them. This is what we found:

Cleanliness and infection control



Met this standard

Details about this location

Registered Provider	Qure Limited
Registered Manager	Dr Paul Charlson
Overview of the service	Hessle Grange Medical Practice is the venue used by Qure Limited a small organisation that offers a lipolysis service to people. It is based in Hessle in the East Riding of Yorkshire and is a private medical service.
Type of service	Doctors treatment service
Regulated activity	Surgical procedures

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Summary of this inspection

Why we carried out this inspection

We carried out this inspection to check whether Hessle Grange Medical Practice had taken action to meet the following essential standards:

- Cleanliness and infection control

This was an announced inspection.

How we carried out this inspection

We looked at the personal care or treatment records of people who use the service, carried out a visit on 23 June 2014, observed how people were being cared for and talked with staff. We reviewed information given to us by the provider.

What people told us and what we found

In our previous inspection we found that there were not effective systems in place to reduce the risk and spread of infection.

In response the provider had sent us an action plan telling us how they would ensure the above standard was met. We visited Hessle Grange Medical Practice and spoke with the providers about the improvements made. We reviewed their action plan, inspected the premises to check the improvements had been made and looked at other relevant documentation.

At this visit we saw the provider had taken steps to ensure people received treatment in a clean, hygienic environment and were protected from the risk of infection because appropriate guidance had been followed.

You can see our judgements on the front page of this report.

More information about the provider

Please see our website www.cqc.org.uk for more information, including our most recent judgements against the essential standards. You can contact us using the telephone number on the back of the report if you have additional questions.

There is a glossary at the back of this report which has definitions for words and phrases we use in the report.

Our judgements for each standard inspected

Cleanliness and infection control

✓ Met this standard

People should be cared for in a clean environment and protected from the risk of infection

Our judgement

The provider was meeting this standard.

People were cared for in a clean, hygienic environment and were protected from the risk of infection because appropriate guidance had been followed.

Reasons for our judgement

There were effective systems in place to reduce the risk and spread of infection.

During our previous visit in January 2014 we noted concerns regarding the cleanliness of the main piece of equipment used by the staff and a lack of evidence of cleaning schedules, policies and audits which could have impacted on the health and safety of the people that used the service.

On this visit we reviewed the provider's action plan and inspected the premises to check the improvements had been made.

We found that the arrival and receptions areas, treatment reception, consultation and treatment rooms were clean throughout. We observed that there were hand wash facilities with paper towels available, adjacent to the consultation and treatment areas. Additionally there was guidance available to people on hand wash techniques to help ensure that this was completed correctly and reduced the risk of cross infection. Hand wash facilities were also available in the consultation and "scrub" room used prior to any treatments.

There was a patient examination couch and the provider informed us this was covered for each patient. This included plastic sheeting and disposable towels from a sterile pack; with these being replaced for each new patient.

The provider showed us the main piece of equipment used for the treatment of patients which was kept within the minor surgery room. We saw that this machine was clean. The provider explained where and how additional portable sterile equipment was attached to the machine for use with each patient. We were told that most of the equipment was for single use only and therefore disposed of after each patient. The provider said that the portable equipment was sterilised externally by a specialist company. This helped to reduce any risk of cross infection to patients. The provider informed us that the portable equipment was kept at the organisation's main offices and consequently was not available

for inspection.

We saw copies of daily, weekly and monthly cleaning schedules for use by the cleaning company for the rooms used by the Provider. This indicated how and when the treatment and consultation rooms should be cleaned. Additional to this the provider had set up their own system for checking both pre- and post-operatively that the minor surgery, recovery and the clean utility rooms were clean. We saw evidence of the signed sheets during this inspection.

Monthly audits of the cleanliness of the building were completed by the organisation that occupied the majority of the building and these were shared with Qure Limited. We saw copies of audits for April, May and June 2014. Checks were in place to ensure the facilities met the required standards.

The provider informed us they used the waste disposal system within the medical practice for such items as needles and clinical waste. We observed that the appropriate waste and "Sharps" bins were in place.

There was an infection control policy and procedures in place which adhered to the latest national best practice guidelines. We also saw evidence that the provider had received training with regard to infection control.

About CQC inspections

We are the regulator of health and social care in England.

All providers of regulated health and social care services have a legal responsibility to make sure they are meeting essential standards of quality and safety. These are the standards everyone should be able to expect when they receive care.

The essential standards are described in the Health and Social Care Act 2008 (Regulated Activities) Regulations 2010 and the Care Quality Commission (Registration) Regulations 2009. We regulate against these standards, which we sometimes describe as "government standards".

We carry out unannounced inspections of all care homes, acute hospitals and domiciliary care services in England at least once a year to judge whether or not the essential standards are being met. We carry out inspections of other services less often. All of our inspections are unannounced unless there is a good reason to let the provider know we are coming.

There are 16 essential standards that relate most directly to the quality and safety of care and these are grouped into five key areas. When we inspect we could check all or part of any of the 16 standards at any time depending on the individual circumstances of the service. Because of this we often check different standards at different times.

When we inspect, we always visit and we do things like observe how people are cared for, and we talk to people who use the service, to their carers and to staff. We also review information we have gathered about the provider, check the service's records and check whether the right systems and processes are in place.

We focus on whether or not the provider is meeting the standards and we are guided by whether people are experiencing the outcomes they should be able to expect when the standards are being met. By outcomes we mean the impact care has on the health, safety and welfare of people who use the service, and the experience they have whilst receiving it.

Our inspectors judge if any action is required by the provider of the service to improve the standard of care being provided. Where providers are non-compliant with the regulations, we take enforcement action against them. If we require a service to take action, or if we take enforcement action, we re-inspect it before its next routine inspection was due. This could mean we re-inspect a service several times in one year. We also might decide to re-inspect a service if new concerns emerge about it before the next routine inspection.

In between inspections we continually monitor information we have about providers. The information comes from the public, the provider, other organisations, and from care workers.

You can tell us about your experience of this provider on our website.

How we define our judgements

The following pages show our findings and regulatory judgement for each essential standard or part of the standard that we inspected. Our judgements are based on the ongoing review and analysis of the information gathered by CQC about this provider and the evidence collected during this inspection.

We reach one of the following judgements for each essential standard inspected.

 **Met this standard** This means that the standard was being met in that the provider was compliant with the regulation. If we find that standards were met, we take no regulatory action but we may make comments that may be useful to the provider and to the public about minor improvements that could be made.

 **Action needed** This means that the standard was not being met in that the provider was non-compliant with the regulation. We may have set a compliance action requiring the provider to produce a report setting out how and by when changes will be made to make sure they comply with the standard. We monitor the implementation of action plans in these reports and, if necessary, take further action. We may have identified a breach of a regulation which is more serious, and we will make sure action is taken. We will report on this when it is complete.

 **Enforcement action taken** If the breach of the regulation was more serious, or there have been several or continual breaches, we have a range of actions we take using the criminal and/or civil procedures in the Health and Social Care Act 2008 and relevant regulations. These enforcement powers include issuing a warning notice; restricting or suspending the services a provider can offer, or the number of people it can care for; issuing fines and formal cautions; in extreme cases, cancelling a provider or managers registration or prosecuting a manager or provider. These enforcement powers are set out in law and mean that we can take swift, targeted action where services are failing people.

How we define our judgements (continued)

Where we find non-compliance with a regulation (or part of a regulation), we state which part of the regulation has been breached. Only where there is non compliance with one or more of Regulations 9-24 of the Regulated Activity Regulations, will our report include a judgement about the level of impact on people who use the service (and others, if appropriate to the regulation). This could be a minor, moderate or major impact.

Minor impact - people who use the service experienced poor care that had an impact on their health, safety or welfare or there was a risk of this happening. The impact was not significant and the matter could be managed or resolved quickly.

Moderate impact - people who use the service experienced poor care that had a significant effect on their health, safety or welfare or there was a risk of this happening. The matter may need to be resolved quickly.

Major impact - people who use the service experienced poor care that had a serious current or long term impact on their health, safety and welfare, or there was a risk of this happening. The matter needs to be resolved quickly

We decide the most appropriate action to take to ensure that the necessary changes are made. We always follow up to check whether action has been taken to meet the standards.

Glossary of terms we use in this report

Essential standard

The essential standards of quality and safety are described in our *Guidance about compliance: Essential standards of quality and safety*. They consist of a significant number of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2010 and the Care Quality Commission (Registration) Regulations 2009. These regulations describe the essential standards of quality and safety that people who use health and adult social care services have a right to expect. A full list of the standards can be found within the *Guidance about compliance*. The 16 essential standards are:

Respecting and involving people who use services - Outcome 1 (Regulation 17)

Consent to care and treatment - Outcome 2 (Regulation 18)

Care and welfare of people who use services - Outcome 4 (Regulation 9)

Meeting Nutritional Needs - Outcome 5 (Regulation 14)

Cooperating with other providers - Outcome 6 (Regulation 24)

Safeguarding people who use services from abuse - Outcome 7 (Regulation 11)

Cleanliness and infection control - Outcome 8 (Regulation 12)

Management of medicines - Outcome 9 (Regulation 13)

Safety and suitability of premises - Outcome 10 (Regulation 15)

Safety, availability and suitability of equipment - Outcome 11 (Regulation 16)

Requirements relating to workers - Outcome 12 (Regulation 21)

Staffing - Outcome 13 (Regulation 22)

Supporting Staff - Outcome 14 (Regulation 23)

Assessing and monitoring the quality of service provision - Outcome 16 (Regulation 10)

Complaints - Outcome 17 (Regulation 19)

Records - Outcome 21 (Regulation 20)

Regulated activity

These are prescribed activities related to care and treatment that require registration with CQC. These are set out in legislation, and reflect the services provided.

Glossary of terms we use in this report (continued)

(Registered) Provider

There are several legal terms relating to the providers of services. These include registered person, service provider and registered manager. The term 'provider' means anyone with a legal responsibility for ensuring that the requirements of the law are carried out. On our website we often refer to providers as a 'service'.

Regulations

We regulate against the Health and Social Care Act 2008 (Regulated Activities) Regulations 2010 and the Care Quality Commission (Registration) Regulations 2009.

Responsive inspection

This is carried out at any time in relation to identified concerns.

Routine inspection

This is planned and could occur at any time. We sometimes describe this as a scheduled inspection.

Themed inspection

This is targeted to look at specific standards, sectors or types of care.

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