

# Appendix A: First tier tribunal data

This is the 2022/23 edition of  
Monitoring the Mental Health Act

[Go to the latest Monitoring the Mental Health Act.](#)

The First-Tier Tribunal (Mental Health) has provided its activity and outcome statistics for the year 2022/23.

Comparing figures for 'total discharge by Tribunal' against 'no discharge', it shows that success rates for appeals remain similar to previous years' levels. The Tribunal discharges patients in about 10% of its decisions relating to detention overall. Around 25% of appeals by restricted patients result in some form of discharge decision, in most cases using the powers given to the Tribunal to order the conditional discharge of restricted patients. Patients detained under the assessment and treatment power (section 2) are roughly twice as likely to successfully appeal compared with unrestricted patients.

**Figure 12: Outcomes of applications against detention to the first-tier Tribunal (Mental Health) 2022/2023**

## Activity of Mental Health Tribunal

	Section 2	Other unrestricted	Restricted	All detained patients
Applications	9,621	15,168	3,132	27,921
Withdrawn applications	1,043	3,690	1,055	5,788
Discharges by clinician prior to hearing	3,481	5,523	5	9,009
Cleared at Hearing (a,b)	7,009	11,443	2,408	20,860
Heard (c)	6,466	8,317	2,412	17,195

## Decision of Mental Health Tribunal

	Section 2	Other unrestricted	Restricted	All detained patients
Absolute Discharge	379	317	77	773
Delayed Discharge	182	135	0	317
Conditional Discharge	0	0	350	350

	Section 2	Other unrestricted	Restricted	All detained patients
Deferred Conditional Discharge	0	0	71	71
Total discharge by Tribunal	561	452	498	1,511
No Discharge	4,716	8,484	1,398	14,598

- a. The number of hearings and the number of applications will not match as hearings will be outstanding at the end of each financial year.
- b. Mental Health Tribunal is unable to distinguish CTO hearings disposed from the total number of other unrestricted hearing disposals.
- c. Includes all cases heard irrespective of outcome including adjourned in the reporting period.
- d. This data is based on all decisions both before and after the hearing.

Source: HM Courts and Tribunal Service

---

Just under 4% of decisions in relation to community treatment orders (CTOs) discharge the patient. This is generally less successful than detained patients overall, but only slightly less when compared with the 'other unrestricted' detained group, which may be the most appropriate comparison.

---

**Figure 13: Applications against CTOs to the First-Tier Tribunal (Mental Health), 2022/23**

- Applications: 4,323
- Withdrawn applications: 866
- Hearings: 4,276
- Oral Hearings (a): 3,687
- Paper Reviews (considered on papers and therefore patient not present): 589
- Discharges by Tribunal: 135
- No discharge by Tribunal: 3,255

a. The category 'oral hearings' is based on the total number of hearings less the manual count of paper reviews.

Source: HM Courts and Tribunal Service

Note: Although care is taken when processing and analysing the data, this can change over time as the information is taken from a live system.