



A report on what we found about mental health services for children and young people

Part 1



Easy read version of: 'Review of children and young
people's mental health services: phase one report'
October 2017

About CQC



The Care Quality Commission (CQC) wrote this report.

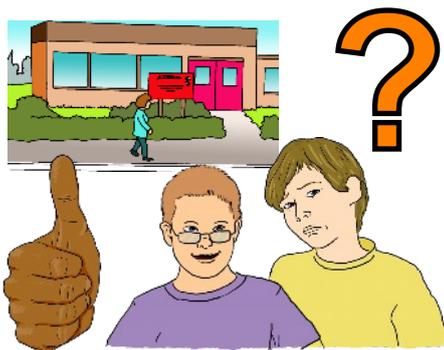
We check services like:

- care homes
- care in people's homes
- hospitals
- doctors' surgeries.

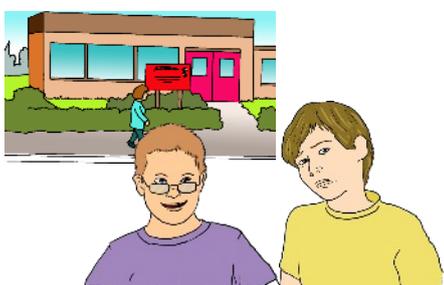


We make sure they are giving good health and social care to people.

About this report



This report is the first part of our work in looking at how good mental health services for children and young people are.

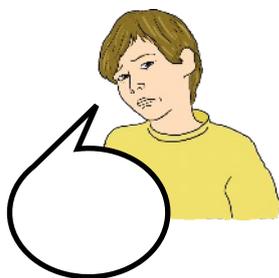


We also looked at:

- how children and young people get these services



- what other people have found

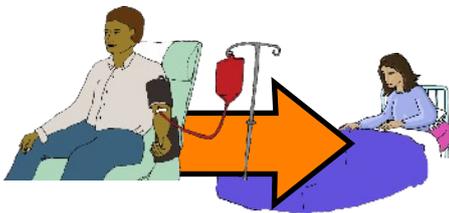


- what children and young people say



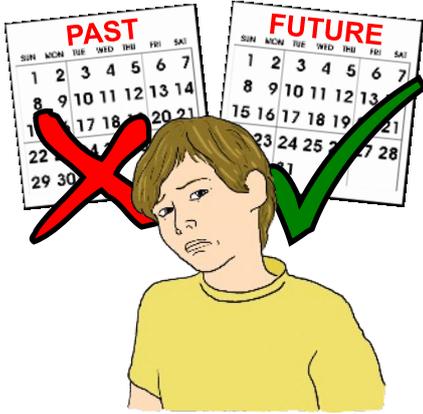
- our checks on services.

What we found

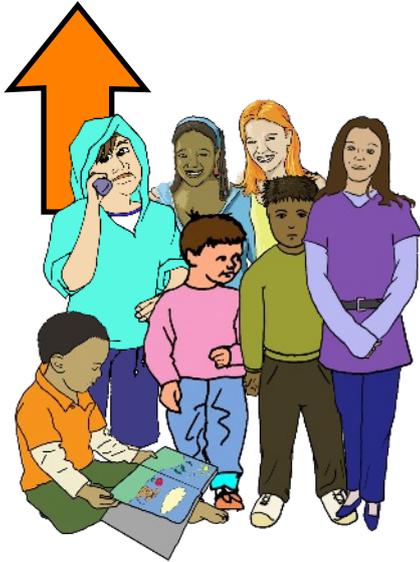


We found a lot of differences in:

- the needs of individual children with different backgrounds
- the stages of their illness
- how good services are
- how many services children and young people can get
- the way services are run and paid for.



What we think are mental health problems has changed over time. The things we see as a mental health problem today may not have been seen as a mental health problem in the past.

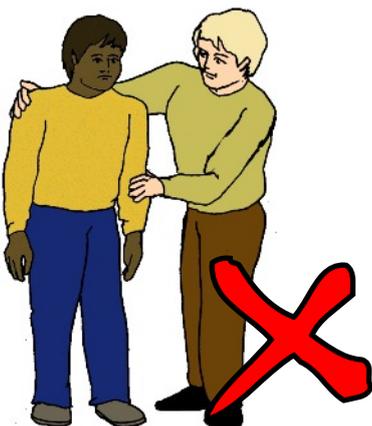


More children and young people have mental health problems than in the past.

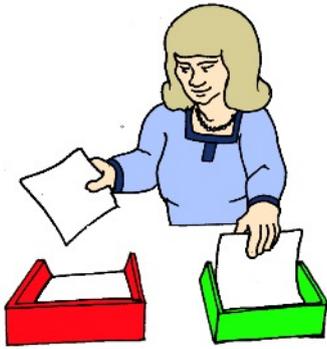


People who work with children and young people do not always:

- know how to spot mental health problems



- help them to get the right support at the right time.



Staff might not be able to spot or support children and young people's mental health problems because:

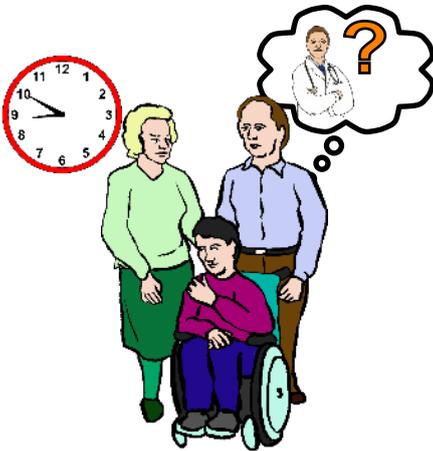
- they have too much work to do



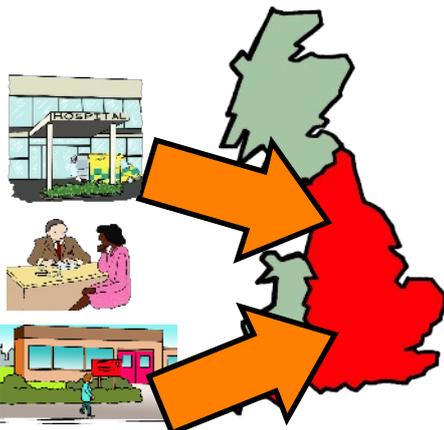
- there are not enough staff



- some staff do not know enough about it.



A lot of children, young people, their families and carers find it hard to get the right care for a mental health problem at the right time.



The number of services available for children and young people is different across England.

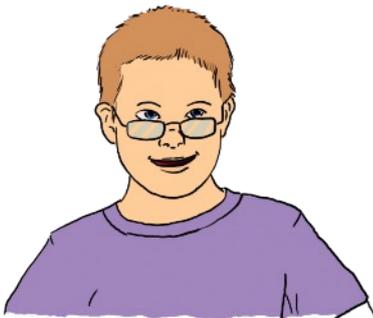


We do not know enough about how good some of these services are and how many children can get these services.



It is extra hard to get care if you:

- are in care
- have a learning disability
- need special mental health care.



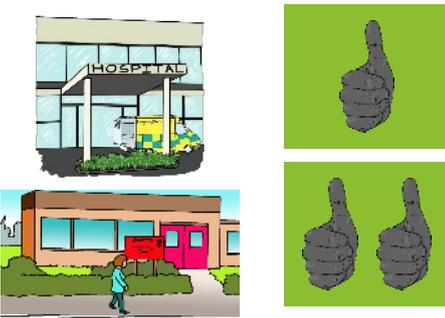
There are long waiting lists for services in the community and not enough hospital beds close to home.



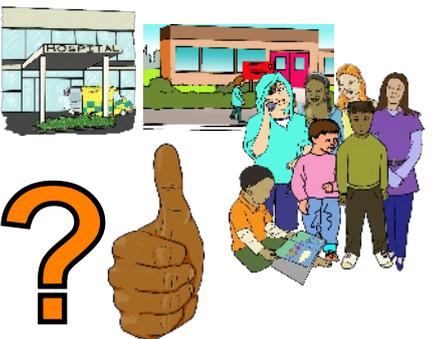
Mental health care services do not work well together.



Too many children and young people have poor care. Some are not able to get the right support at the right time.



Some services are good or outstanding.



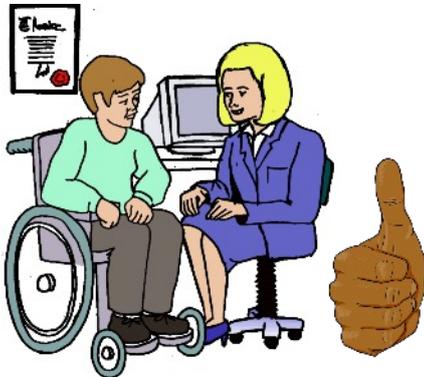
But there are differences in how good care services are for children and young people.

Our next step



In the next part of our work in looking at mental health services for children and young people, we will look at:

- why there are differences in how good services are

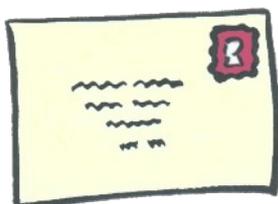


- what can be done to help children and young people get better support more easily.



We will visit 10 local areas to find out how we can make sure that services do their part and work together so that children, young people, their families and carers get good mental health care at the right time.

How to contact CQC



If you would like this report in another format or language, or you would like to tell us something, you can contact us at:

Telephone:
03000 61 61 61

Email:
enquiries@cqc.org.uk

Website:
www.cqc.org.uk

Post:
**Care Quality Commission
Citygate
Gallowgate
Newcastle upon Tyne
NE1 4PA**

Twitter:
@CareQualityComm

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